

Bartlett Lake 200k

Permanent #93

A Permanent Brevet of 205 kms

Time Limit: 13 hours, 30 minutes

Pre-ride Information—PLEASE READ CAREFULLY

This brevet is a "permanent". Being a "permanent" means it is a self-conducted ride with a date and starting time of the rider's choice. This brevet is sanctioned by Randonneurs USA, and counts toward its Distance Awards once per year for a rider's kilometer total. However, if you are trying to earn the RUSA R-12 medal it can be ridden multiple times. In order to participate, you must be a current member of Randonneurs of USA.

Route Description: This is a 125 mile trek through some pristine desert areas around the Phoenix area. You'll get to warm up with some flat miles as you wind your way to Carefree Hwy, on your way up to the Bartlett Lake turnoff. Before you head to the lake, though, you get to "roll" your way toward Seven Springs on a nearly deserted and freshly paved road. On your return, you'll head down (hint: it's NOT all down!) to the Bartlett Lake marina. After you take in the beautiful sights of the lake, get ready for a long climb back out. Once back at the top, you will have earned the upcoming descent. There will be one more climb of note before you're finished, but the route will be more down than up from here. Overall, this route would be called hilly. There is nothing extremely difficult in terms of climbing, but some of the climbs are long. The typical rider will be happy he or she brought a triple crankset along; by the end of the ride entrants will have gained over 6,000 feet of climbing. Strong riders will want a 39x27t low gear if they run a double crankset.

Weather: This ride can be done year-round. Summers can be scorching and only acclimated riders should even consider it then. Winters can be cold, but are generally pleasant unless a storm blows through. This ride does reach altitudes of 3500' and winter storms can dump snow on the cacti at those elevations. It's a beautiful sight, but the long descents will require some extra layers to be comfortable.

Start Times: You should choose a start time between 4 AM and 8 AM in order to find stores open during the ride to get receipts to prove your passage. This is not a good night ride due to the lack of services.

Services: To buy food and drink along the route, you'll find numerous stores in the first 20 miles. After that, they become much more sparse. Following are the locations where you can find services, in addition to the ones used for controls. Mile 38 near the I-17 overpass, mile 47, miles 67 and 94 at the Bartlett Lake Ranger station.

Start/Finish Location: This brevet begins and ends at the corner E. Union Hills Dr. and N. 32nd St. in North Phoenix. There are two 24-hour convenience stores at the start/finish. There is also a 24 hour CVS pharmacy and a Park-And-Ride lot on the southeast corner. You should try to park in the P-N-R lot and not take the convenience store parking area. You'll need receipts from the start **and** the finish; the time imprint on each receipt is your verification or "control" (it is okay to have store receipts which show times a few minutes off from the official start/finish times).

Control Procedures: In addition to using stores and establishments noted on the route sheet, you will need to answer a question regarding something about the Seven Springs turn around. There is no establishment there, so this will be an informational control. **Be sure to bring a pen with you** to write the answer to the question on your brevet card. Also, be sure and record your time on the brevet card at this control.

You can also ask for a store stamp at any control in lieu of a receipt, but if they do not offer one then you are expected to buy something to get a receipt. Have the clerk write the time upon your brevet card and sign it.

You can ride this permanent alone or in a group; if you are with a group that stays together the entire way, then only one receipt is needed for the group at each control (but everyone should mark their own cards with the time.) If the riders split up, they then need to get their own receipts. Tandem teams obviously only need one receipt for their team, not for each rider.

Each control has an opening and closing time. To get ride credit you must stay within these times, which are based upon the starting time and date you chose.

Be aware that there may also be secret controls during this brevet, so stay on the route. If you should get lost or go looking for food, backtrack to where you got off-course, otherwise you might miss a secret control. Failure to sign in at a secret control means disqualification from the brevet. If there are any secret controls, they will be in plain sight and impossible to miss.

After the brevet, return your brevet card and receipts to the ride organizer. Sign the back of the card and make sure all the times are recorded on the card for each control. Put all the receipts and your card into an envelope and mail it to
Mike Sturgill
3501 E. Morrow Dr.
Phoenix, AZ 85050

Regulations: During your ride, all the normal rules of randonneuring apply. Go to the RUSA web site to familiarize yourself with the regulations if this type of cycling is new to you. You **must** begin your ride at the time you selected, and any secret control opening and closing times will be based upon that start time. If you are riding at night, be sure you have all the

required lights and safety gear outlined in the regulations; anyone found to be riding at night without them will be automatically disqualified.

If you should fail to start, or end the ride prematurely, please contact the ride organizer as soon as is practical. We have RUSA matters to attend to whether or not you finish the ride successfully. Please be considerate and not endanger your future participation in future permanents by overlooking this essential detail. Thanks in advance for your cooperation.

Good luck and good riding! ☺